

learn to fly

flying trapeze school

A great new activity to push the boundaries of fun & excitement, Zone Sports is offering an intensive 8-week introductory program which will have u flying, twisting and somersaulting in no time!

After graduating, you will be given the chance to join the more advanced flyers to further your skills, not only in the air but also through many other circus disciplines, static trapeze and hand to hand just to name a few.

The trapeze school is for all ages and fitness levels with no previous or gymnastics experience required.



Trapeze Beginners Course (TBC):

A basic introduction to the Circus Culture, participants during these first 8 weeks will expect to cover:

- A minimum 4 different positions performed competently on the practised bar.
- A minimum 3 of these positions performed competently on the high trapeze.
- A minimum 3 positions caught by instructor.
- A minimum 2 "taster" classes in either Static trapeze or Acrobatic balancing
- Perform all new skills in front of an audience, by way of our end of program Trapeze Show.



The Investment

Total TBC price & breakdown:

- Guaranteed 8-week program (1 class per week)
- Exclusivity of trapeze & restricted class no's. to ensure the most effective learning environment
- Instruction by experienced Circus Instructors
- Photo-Certification confirming competency



TOTAL: 900QR



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LISTO... **HEP**

